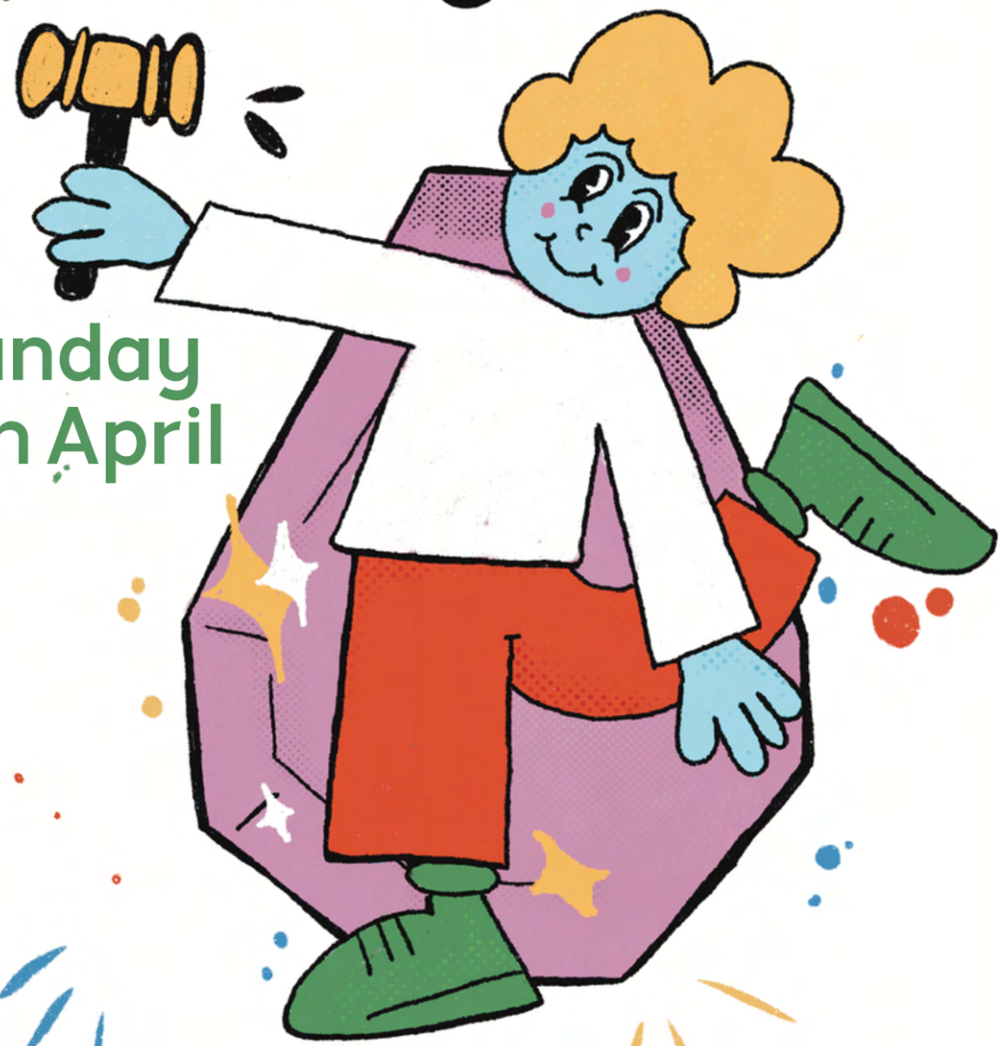


**POLISHING**  
THE  
**JEWEL**  
Auction  
of  
delights

Sunday  
6th April



Catalogue of Lots



This auction is part of an ambitious fundraising project, Polishing the Jewel, which will help to repair, renovate and renew our beloved Centre, which is falling apart in numerous ways.

**The auction itself will take place on Sunday 6 April 2025 as part of the Triratna Day festival celebrations, starting at 2pm.** This document is a catalogue of all the delights on offer for you to browse before coming along and get a sense of starting bids of things you are interested in.

We highly recommend coming on the day! However, **if for some reason you can't make it:** early bidding will open for one week only from 21 March - 28 March. Please email Roz: rozgoddard@gmail.com with the lot number, and your absolute maximum bid amount (it might not reach up this price on the day. It all depends on interest!) We will then be in touch if you are successful.

Thank you for all the delights offered and hope to see you for the auction...

# LOT NUMBER 1

Starting bid £10

Alev is offering a relaxing chair massage at the Birmingham Buddhist Centre. Massage is known to improve flexibility and help alleviate anxiety. It has a host of benefits. Come as you are, no need for any particular dress. Alev says: 'Sit yourself down and I will do the rest.'

The massage will last 15-20 minutes. Give yourself permission to relax and enjoy something that will have a positive effect on your well-being.

# LOT NUMBER 2

Starting bid £25

Ingle is offering to create a commission of a Buddha/bodhisattva figure of your choice. This will be a digital artwork, the same as his other pieces. Ingle will be in touch with the person who wins the bid to discuss how they see their chosen figure and work with them to help bring their own visualisation of the figure to life - whether this is a traditional interpretation or something more modern. The finished artwork will include an A4 size printed piece as well as a copy of the file itself for you to do with whatever you want.







# LOT NUMBER

Starting bid £40

# 3

Rush likes to cook and is offering to prepare: A three-course vegetarian or vegan meal for up to 6 people (not including me), prepared and served in your own home for a weekday or weekend, lunch or evening meal. Allergies and intolerances can be catered for. The menu will need to be discussed and agreed. All ingredients will then be provided. I will cook, serve and clean up the kitchen after cooking.

Welcome your guests and enjoy a delicious meal without any of the work! Bids within an hour's drive from Leamington, outside of rush hour please.



Helene likes to bake and is offering:

## LOT NUMBER

Starting bid £20

Tray of baklavas: approx 30 pieces.  
Contains gluten, butter, refined sugar.  
These will keep for 7 days or even more.  
Freezable. Filo pastry with a generous  
mixed nut filling, drizzled in scrumptious  
honey and orange blossom water syrup

# A



## LOT NUMBER

Starting bid £18

18 French madeleines  
Choice of flavours: orange blossom  
water flavour OR with dark  
chocolate shell OR with milk  
chocolate shell. Contains gluten,  
butter, eggs and refined sugar. Best  
eaten within 48 hours. Freezable.

# 5



# LOT NUMBER

Starting bid £50



Helene's partner Jason, is a jeweller and is offering to make a lovingly handcrafted, sterling silver, Hallmarked, 11gm vajra pendant with silver chain.



# LOT NUMBER

Starting bid £20



A day with Maitrisara on a rural walk in Worcestershire, 1 hour from Birmingham. Includes lunch at a vegetarian cafe, transport. Also can include coaching in map reading skills and general country know how!! The walk is 2-3 hours and quite hilly in places, so mud proof footwear and reasonable fitness required.

# LOT NUMBER

Starting bid £25

# 8

Roz is offering a 1.5 hour poetry mentoring workshop to get you started in writing poetry or to offer ways forward for someone who is an experienced writer. We'll look at freewriting as a way in, use of senses and writing from an open space after a period of meditation.

# LOT NUMBER

Starting bid £65

# 9

Pasannamati is offering to host a 'Eurovision' themed Murder Mystery. It's a high energy, imaginative concept featuring characters galore and lots of fun. Source your own costumes. This will be an evening to remember for up to eight people including a buffet. Why not treat your friends?

This experience could be hosted in your own home or at the Buddhist Centre subject to an available date.





# LOT NUMBER 10

Starting bid £35

Eesa is offering a candid and intimate photoshoot portrait session for you and as many family members as you would like. You'll get over 50 high-quality digital photos and a few framed photos of your choice. The photoshoot can take place in your home or a loved location of your choice.



**LOT NUMBER**  
Starting bid £25

**11**

Heather is offering a guided day trip to her wonderful home city of Worcester. The day would be fully hosted to include a visit to the old streets of the city centre, visiting local shops and coffee shops/cafes. We would then head out of the city and go to some surrounding local villages (please bring your own packed lunch) as well as a trip to British Camp in the Malvern Hills (weather permitting). The day can be tailored to whatever the successful bidder would like to see/do, or I can just schedule it all depending on personal wishes. Successful bidder would need to get to Worcester to begin the trip.

# LOT NUMBER

Starting bid £35

# 12

Abi Foster, an accomplished musician and singer, is offering a 45 minute house gig for you and your friends. The venue needs to be within 20 miles of Birmingham.

<http://www.facebook.com/AbiFosterMusic>



# LOT NUMBER

Starting bid £15

# 13

Ann is an enthusiastic swimmer who was a swimming teacher for many years. Ann is offering to meet anyone from the Sangha for a swim and give instructions on technique if required.

# **LOT NUMBER 14**

**Starting bid £75**

Mel George is an experienced EMCC UK Life Coach. Coaching is a collaborative approach to exploring ways of moving forward with areas of your life that feel stuck. You may have a specific area in mind you wish to work on such as career, health or relationships; or there may be a more general interest in personal development you want to explore in more depth. Coaching offers an opportunity to bring curiosity to such process, the clarity and realisation that emerges from this can then be used to establish realistic goals to work towards. Mel is offering 4 sessions of life coaching for one person over a mutually agreed time frame. Sessions can take place either online or at a location you feel most comfortable with – a local coffee shop or if you process better whilst walking, we can walk and talk in a local green space.

# **LOT NUMBER 15**

**Starting bid £15 per person**

Sthirabandhu is an experienced and talented photographer, having 45 years of photography experience over a wide range of cameras. He is offering to run a two-hour photography walk starting from Birmingham Central Library for between 3 to 5 people. Expect affable company, pointers on camera technique and composition. This is a camera only event with either digital or film.

# LOT NUMBER 16

Starting bid £25

Adityadasa's wife Laura loves to craft beautiful objects from colourful materials and will create a quilted tote bag in a colour scheme of your choice using gorgeous organic fabrics from Tanzania.



# LOT NUMBER 17

Starting bid £20

Sabbi is an experienced Reiki practitioner. She is offering one Reiki session to include a consultation. Venue of session tbc with Sabbi. Possibly at the Buddhist centre.

# LOT NUMBER

Starting bid £20 per person

# 18

Rebecca is offering a yoga session just for you, or with a friend or partner. You can choose from Hatha or restorative yoga, and can choose the focus or theme. For example, you may want a session that covers different parts or a specific area of the body, an energising session, something dynamic that helps to relieve stress, or a deeply relaxing one. You might want a theme around "open-heartedness" or "letting go". If you're not sure, we can always have a chat about it, as the session will be tailored to what you'd like.

# LOT NUMBER

Starting bid £15

Walk and Talk Session: Rebecca is offering someone the opportunity to walk and talk either around one of the parks in King's Heath or along the canal and Lifford reservoir. Spend an hour in conversation: musing, taking in beauty and talking about whatever comes to mind

# 19



# LOT NUMBER

Starting bid £15 Per Person

# 20

George runs Wilhelmina: [wilhelminabakery.com](http://wilhelminabakery.com) a vegan cafe and bakery in Leamington Spa. He is offering a sourdough baking masterclass for a small group of people either in someone's home or at the cafe.



# LOT NUMBER 21

Starting bid £15

# LOT NUMBER 22

Starting bid £15

# LOT NUMBER 23

Starting bid £15



Breakfast, lunch or afternoon tea for two people at Wilhelmina café in Leamington Spa

# **LOT NUMBER 24**

Starting bid £15

Andrew is offering a Stand-up Paddleboarding (SUP) Lesson and Session for up to two people on Stratford Upon Avon River.

Paddleboards and transport from Moseley provided

# **LOT NUMBER 25**

Starting bid £20

Julia would like to offer a fair weather walk around the Lickey Hills, maybe the Woodpecker Trail. Includes: picking you up & dropping you back, a flask of something hot, a picnic, & a treat from the Visitor Centre. Sorry no dogs in the car. Pick-up and drop-off needs to be within a 30 minute drive from Cotteridge.



# ***LOT NUMBER***

**Starting bid £15**

Jo has crocheted a beautiful, soft shawl/scarf in Tara greens.

# **26**



# ***LOT NUMBER***

# **27**

**Starting bid £15 per person**

Make your own hand-tied bouquet with Shubhra. Flowers and foliage provided. Shubhra will guide you through this delightful experience in his own home for up to three people. This will be a 3-hour workshop with a break for refreshments.

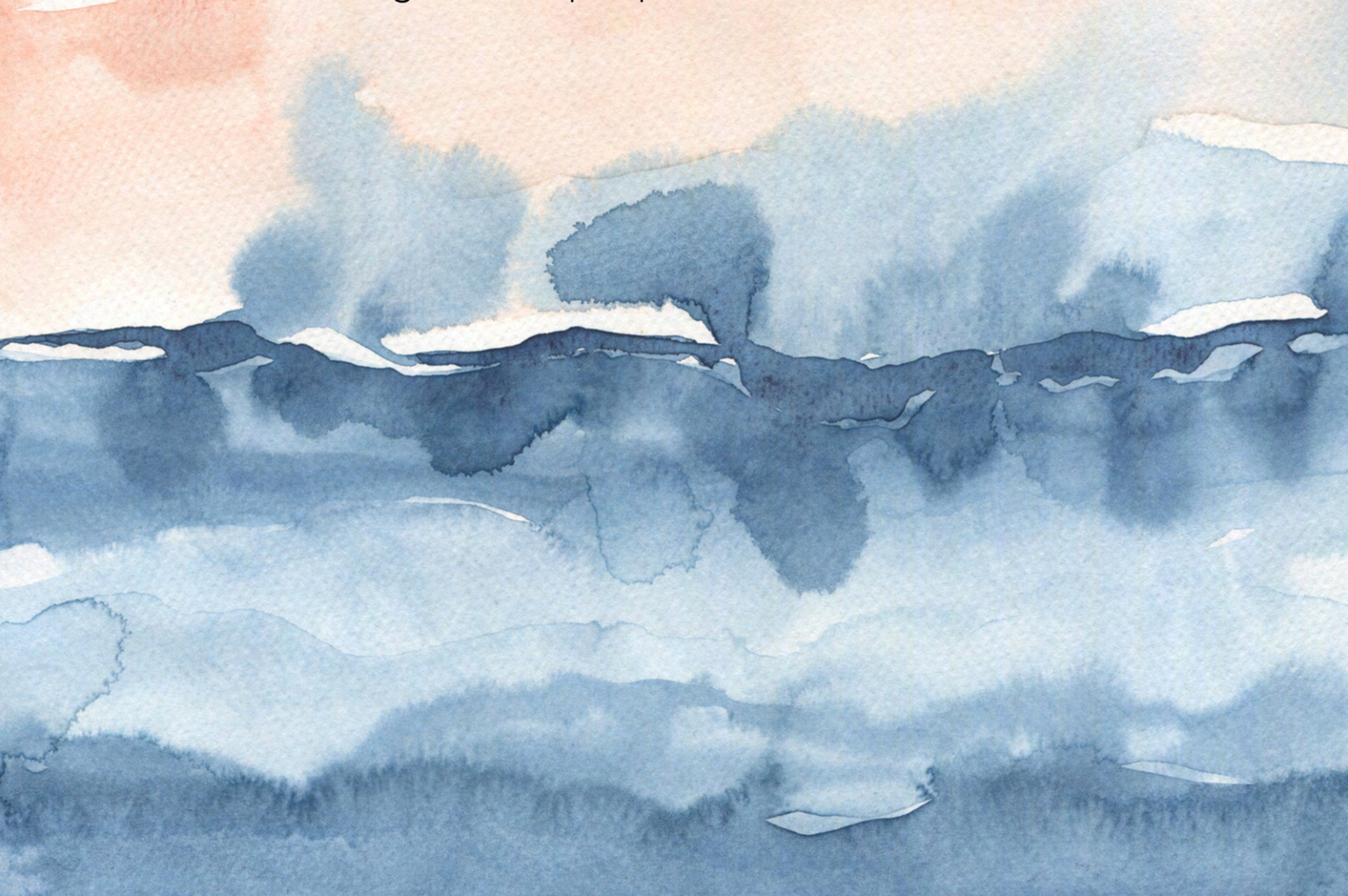


# ***LOT NUMBER***

**Starting bid £15 per person**

# 28

Bodhinita enjoys being creative with watercolours and is offering a watercolour play-date for a small group of 2 or 3 people at the Buddhist Centre. Paint, paper and other materials will be provided. This will be a relaxed, friendly session. No experience necessary. Just come, enjoy and create. Starting bid: £20 per person



# **LOT NUMBER** 29

Starting bid £30

'The Winter's Tale' Royal Shakespeare Theatre,

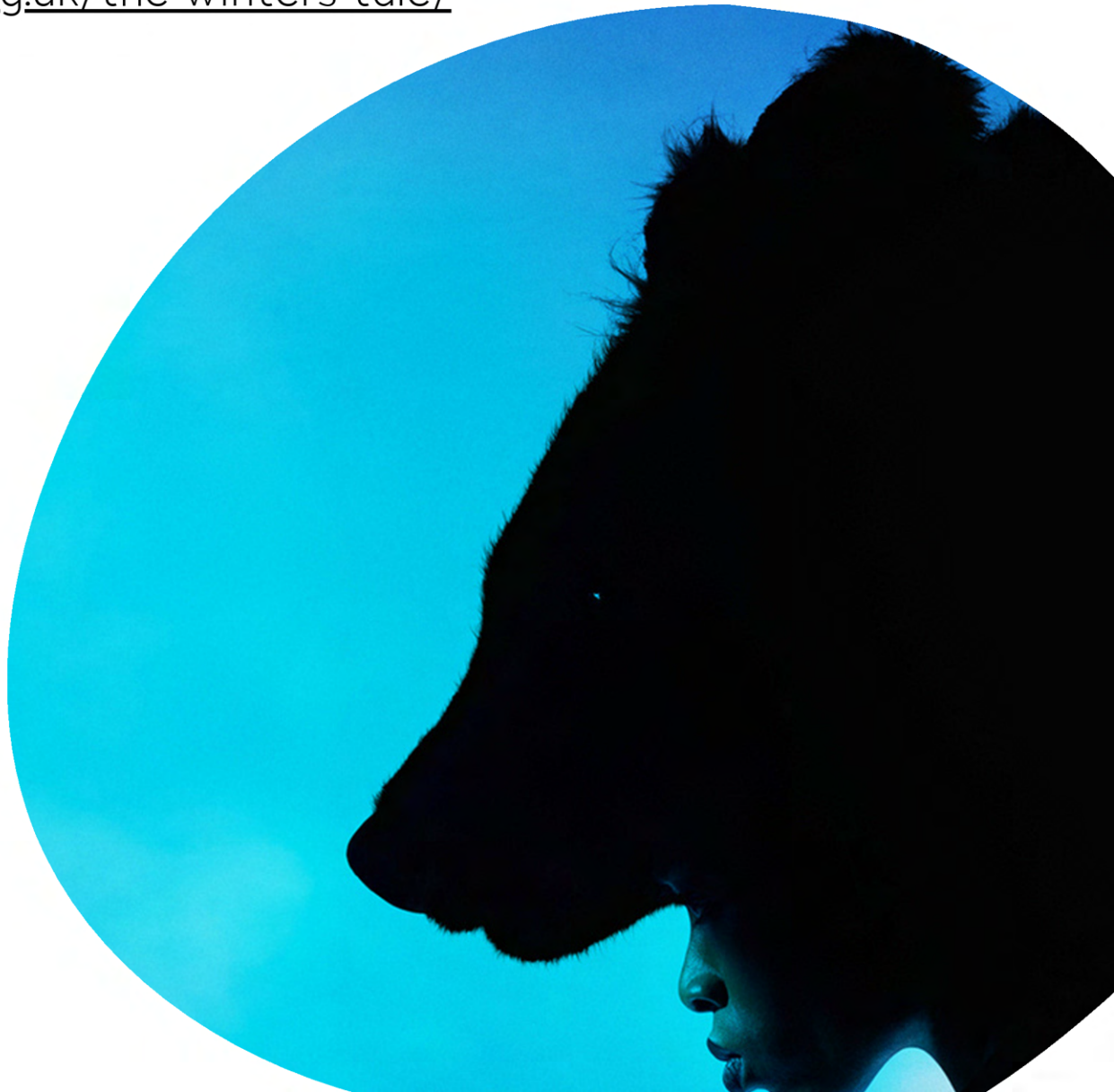
**Press Night Tickets**

**Tuesday, 22 July**

Accompany Michelle to the performance with a drink and ice-cream provided. Following the show, you are invited to attend the Press Night Party with the Actors and Directors. Food and drink provided (limited vegan options)

Read about it here:

[www.rsc.org.uk/the-winters-tale/](http://www.rsc.org.uk/the-winters-tale/)



# **LOT NUMBER 30**

**Starting bid £30**

**'Much A Do About Nothing'**

**Royal Shakespeare Theatre**

**Press Night Ticket**

Tuesday 22 April 7 pm Gallery Two

Accompany Michelle to the performance with a drink and ice-cream provided. Following the performance attend The Press Night Party with the Actors and Directors. Food and drinks provided

Read about it here:

[www.rsc.org.uk/much-ado-about-nothing](http://www.rsc.org.uk/much-ado-about-nothing)

# **LOT NUMBER 31**

**Starting bid £25**

**'The Constant Wife'**

**The Swan Theatre**

**Friday 27th June at 7.30**

**Ground Floor seats G20 and G21**

Accompany Michelle to the performance with a drink and ice cream provided.

Read about it here:

[www.rsc.org.uk/the-constant-wife](http://www.rsc.org.uk/the-constant-wife)

## **LOT NUMBER**

**Starting bid £10 per lesson**

Two crochet lessons with Natalie.

She will provide materials. The

lessons are suitable for a

complete beginner or someone

wanting to get to grips with

pattern-reading and more

complex stitches, etc.

# 32

## **LOT NUMBER 33**

**Starting bid £25**

A lap blanket in autumnal colours. Acrylic (vegan-friendly) yarn, approx 1 metre square.

Starting bid: £30



## **LOT NUMBER 34**

**Starting bid £30**

A blanket in yellows and golds (think Ratnasambhava!) Acrylic (vegan-friendly) yarn, approx 1.5 meters square.



# **LOT NUMBER 35**

**Starting Bid £20 per session**

Nikki is offering 2 relaxing Reiki sessions at the Buddhist Centre at a mutually convenient time.

# **LOT NUMBER 36**

**Starting Bid £35**

Jess is offering a day's gardening to someone: weeding, clearing and a general tidy-up is on offer.

# **LOT NUMBER 37**

**Starting Bid £15**

Pooja is offering a beautiful, dark red

Pure New Wool shawl/stole with embroidery from India 195x72 cms



# LOT NUMBER 38

Starting Bid £20

A new, red cotton embroidered bag from India 50x32 cms £25



# LOT NUMBER 39

Starting bid £10

Jess's mom makes fun, unusual teddies unlike any you will see in the shops.



# LOT NUMBER 40

Starting bid £10

Jess's mom makes fun, unusual teddies unlike any you will see in the shops.



# **LOT NUMBER**

# **41**

## **Starting Bid £15**

Hannah is offering a lot of 10 unique cards for celebratory occasions with the winning bidder able to specify colour schemes and styles. Hannah uses a range of materials to create the cards as well as her own creative colouring and design.

# **LOT NUMBER**

# **42**

## **Starting Bid £10 per person**

Maisie loves to play pool and is offering 2 sessions to sangha members who would love some tips on polishing their game (she's also up for a fun game of snooker). The venue is The Perfection Pool and Snooker club in Stirchley. Maisie will help you to feel comfortable in this snooker/pool environment and would love you to join her for this fun session.

# LOT NUMBER 43

**Starting Bid £30**

A Leigh Lambert Original painting: Snow Much Fun (Framed) Limited edition with certificate of authenticity on the back. Leigh Lambert is a northern artist, now based in Leamington Spa. This original piece of art was purchased for £375.



# LOT NUMBER 44

**Starting Bid £10**

Jess doesn't have a dog of her own but loves fluffy four legged companions. She is offering to take your dog on a scent odyssey for around 1-2 hours in the local area (Dog to be collected by public transport from Bournville - extra company also welcome!)



# And those are all the delights!

So decide on the things you fancy, how  
much you'd like to bid up to, and get ready  
for the auction on Sunday 6th April!



BIRMINGHAM  
BUDDHIST  
CENTRE